

The African Origins Of Civilization Religion Yoga Mystical Spirituality Ethics Philosophy And A History Of Egyptian Yoga

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The African Origin of Civilization - Cheikh Anta Diop 2012-09-01

Now in its 30th printing, this classic presents historical, archaeological, and anthropological evidence to support the theory that ancient Egypt was a black civilization.

African Origins - Muata Ashby 2006-01-01

THE AFRICAN ORIGINS OF CIVILIZATION, MYSTICAL RELIGION AND YOGA PHILOSOPHY 8 1/2" X 11" Part 1, in one volume First Edition

Three volumes in one. Over the past several years I have been asked to put together in one volume the most important evidences showing the correlations and common teachings between Kamitan (Ancient Egyptian) culture and religion and that of India. The questions of the history of Ancient Egypt, and the latest archeological evidences showing civilization and culture in Ancient Egypt and its spread to other countries, has intrigued many scholars as well as mystics over the years. Also, the possibility that Ancient Egyptian Priests and Priestesses migrated to Greece, India and other countries to carry on the traditions of the Ancient Egyptian Mysteries, has been speculated over the years as

well. In chapter 1 of the book Egyptian Yoga The Philosophy of Enlightenment, 1995, I first introduced the deepest comparison between Ancient Egypt and India that had been brought forth up to that time. Now, in the year 2001 this new book, THE AFRICAN ORIGINS OF CIVILIZATION, MYSTICAL RELIGION AND YOGA PHILOSOPHY, more fully explores the motifs, symbols and philosophical correlations between Ancient Egyptian and Indian mysticism and clearly shows not only that Ancient Egypt and India were connected culturally but also spiritually. How does this knowledge help the spiritual aspirant? This discovery has great importance for the Yogis and mystics who follow the philosophy of Ancient Egypt and the mysticism of India. It means that India has a longer history and heritage than was previously understood. It shows that the mysteries of Ancient Egypt were essentially a yoga tradition which did not die but rather developed into the modern day systems of Yoga technology of India. It further shows that African culture developed Yoga Mysticism earlier than any other civilization in history. All of this expands our understanding of the unity of culture and the deep legacy of

Yoga, which stretches into the distant past, beyond the Indus Valley civilization, the earliest known high culture in India as well as the Vedic tradition of Aryan culture. Therefore, Yoga culture and mysticism is the oldest known tradition of spiritual development and Indian mysticism is an extension of the Ancient Egyptian mysticism. By understanding the legacy which Ancient Egypt gave to India the mysticism of India is better understood and by comprehending the heritage of Indian Yoga, which is rooted in Ancient Egypt the Mysticism of Ancient Egypt is also better understood. This expanded understanding allows us to prove the underlying kinship of humanity, through the common symbols, motifs and philosophies which are not disparate and confusing teachings but in reality expressions of the same study of truth through metaphysics and mystical realization of Self.

The Art of South and Southeast Asia - Steven Kossak 2001

Presents works of art selected from the South and Southeast Asian and Islamic collection of The Metropolitan Museum of Art, lessons plans, and classroom activities.

The Theory of Categorical Conversion - Dompere, Kofi Kissi 2017-09-17

The Theory of Categorical Conversion is advanced by Professor Kofi Kissi Dompere as mathematical-philosophical and game-theoretic foundations to solve the problem of socio-natural transformation as governed by some internal process in relation to Marx, Schumpeter and Nkrumah. Dompere's methodology is based on the Africentric principles of opposites made up of actual-potential polarity, negative-positive duality with relational continuum and unity under cost-benefit rationality and Asantrofi-Anoma principle supported by fuzzy paradigm of thought. Socio-natural transformations are seen in terms of game theories in a fuzzy-stochastic space admitting of defective-deceptive information structures in quality-quantity space within the subjective-objective duality. The main premise of the monograph is that there exists a set of necessary and sufficient conditions for internal self-transformation. The necessary conditions are made up of categorial moments and categorial transfer functions forming the domain of control instrumentation in creating the sufficient conditions for categorial-conversion processes.

Dompere presents an important methodological framework for the study and construction of the theories of socioeconomic development and political change, as well as info-dynamics connecting knowledge, sciences, innovation and engineering to the space of knowing, under qualitative-quantitative transformational dynamics with defective-deceptive information structures in the games for power and dominance by duals and poles in conflicts. The necessary conditions of socio-natural transformation are internally derived based on the relational structure of matter-energy-information activities within the dynamics of qualitative dispositions of dualities of actual-potential polarities. The theory consists of category formation showing ontological-epistemological categories, and categorial dynamics shows elemental conversions of categorial varieties in a continuum. The logical tools and the paradigm of thought for the theoretical development of Nkrumah's framework involve self-excitement, self-correction and self-control systems induced by internal contradictions. The set of necessary conditions constitutes the natural necessity that constrains cognitive freedom in socio-natural transformations. Had this conceptual system been familiar to economists and social scientists, the construct of the theories of socioeconomic development and transformations would have been increasingly successful.

African Union - Kofi Kissi Dompere 2006-02-28

The monograph advances a sociological, political and politico-economic theoretic argument for African unity. The conceptual system is based on the philosophy of polyrhythmicity. The methods and techniques of the argument are drawn from the logic of polyrhythmics where conflicts in cultural differences as revealed in Africa's diversity are viewed as strength and beauty in unity within the Africentric mindset. These cultural conflicts and differences must be concretized in unity for Africa's emancipation, development and social welfare improvements. The main premise of the book is that Africa must unite without which Africa's rapid socio-economic development will be kept in arrested mode and held hostage by imperial system of predation through international strategic resource games. The validity of the main premise is demonstrated from a

global conceptual view of African nationalism. The concept of global African nationalism is developed from the Pan-African analytical foundations after reviewing other views with the title "African nationalism". The logic of the analysis is systematically constructed from the building blocks and conceptual relationships among state-specific nationalism, ethnic-specific affinity and tribal-specific affinity; and the roles they may play in facilitating or inhibiting Africa's complete emancipation through politico-economic unity. The relationships are linked to events of contemporary dynamics of the modus operandi of global predation, resource conflicts and politico-economic power distribution over the global resource and demographic space. In general the monograph presents a multidisciplinary theory of regional integration with a special emphasis on Africa's global position. The monograph addresses itself to researchers, scholars, diplomats, political practitioners, students and those in the general public, who are engaged in economics, political science, sociology, theory of regional integration, African studies, Africana studies, Black studies and activists searching for better global tomorrow.

Roots of Yoga - James Mallinson 2017-01-26

'An indispensable companion for all interested in yoga, both scholars and practitioners' Professor Alexis G. J. S. Sanderson Despite yoga's huge global popularity, relatively little of its roots is known among practitioners. This compendium includes a wide range of texts from different schools of yoga, languages and eras: among others, key passages from the early Upanisads and the Mahabharata, and from the Tantric, Buddhist and Jaina traditions, with many pieces in scholarly translation for the first time. Covering yoga's varying definitions, its most important practices, such as posture, breath control, sensory withdrawal and meditation, as well as models of the esoteric and physical bodies, *Roots of Yoga* is a unique and essential source of knowledge. Translated and Edited with an Introduction by James Mallinson and Mark Singleton

Religion, Ritual and Ritualistic Objects - Albertina (Tineke) Nugteren 2019-04-23

This is a volume about the life and power of ritual objects in their

religious ritual settings. In this Special Issue, we see a wide range of contributions on material culture and ritual practices across religions. By focusing on the dynamic interrelations between objects, ritual, and belief, it explores how religion happens through symbolic materiality. The ritual objects presented in this volume include: masks worn in the Dogon dance; antique ecclesiastical silver objects carried around in festive processions and shown in shrines in the southern Andes; funerary photographs and films functioning as mnemonic objects for grieving children; a dented rock surface perceived to be the god's footprint in the archaic place of pilgrimage, Gaya (India); a recovered manual of rituals (from Xiapu county) for Mani, the founder of Manichaeism, juxtaposed to a Manichaean painting from southern China; sacred stories and related sacred stones in the Alor-Pantar archipelago, Indonesia; lotus symbolism, indicating immortalizing plants in the mythic traditions of Egypt, the Levant, and Mesopotamia; lavishly illustrated variations of portrayals of Ravana, a Sinhalese god-king-demon; figurines made of cow dung sculptured by rural women in Rajasthan (India); and mythical artifacts called 'Apples of Eden' in a well-known interactive game series.

Yoga Where You Are - Dianne Bondy 2020-12-08

Find freedom in your yoga practice with this empowering guide from beloved yoga teacher and social justice activist Dianne Bondy and Yoga International editor-in-chief Kat Heagberg. *Yoga Where You Are* welcomes readers of all backgrounds, body sizes, and abilities into the practice of yoga. Dianne Bondy and Kat Heagberg offer everything you need to know to build a custom yoga practice that supports you exactly where you are--now and at every stage of your life's journey. *Yoga Where You Are* discusses how yoga intersects with body image, introduces essential information on elements like breathwork and meditation, and celebrates yoga's diverse roots through an introductory chapter on its origins and history. Whether you're a beginner, a seasoned practitioner, or a yoga teacher, the step-by-step instructions for hundreds of customizable pose variations provide an essential resource you can turn to as your practice evolves. Bondy and Heagberg also present tips to find inspiration and creativity on the mat. With truly inclusive language,

alignment options for real bodies, and photos of a range of practitioners, the book provides you with everything you need to customize and deepen your practice with clarity and confidence.

Organization Paremiology - Kofi Kissi Dompere 2017-02-17

In the Theory of Philosophical Consciencism, Professor Dompere establishes how Nkrumah used the theory of categorial conversion housing the necessary conditions of transformation to design strategies for creating the sufficient conditions for socio-political transformations. The theory of Philosophical Consciencism is about the institutionally destruction-creation process for socio-political transformation. The theory shows the scientific contributions of Nkrumah's thinking to the solution of the transformation problem in science and its application to social systemicity, where Nkrumah's analytical weapons were drawn from African conceptual system. The theory is developed as logico-mathematical foundations that guide the internal management of the command-control decision-choice systems for creative destruction of socio-political varieties in transformations through the development of qualitative mathematics making possible the construct of qualitative equations of motion for connecting varieties in qualitative transfers. The qualitative equations of motion through the Philosophical Consciencism constitute the sufficient conditions for transformations. The theory links rationality, intentionality, experiential information structure, defective-deceptive information structures in the control-dynamic games of power and dominance by the duals and poles under the principle of opposites with relational continua and unity relative to decision-choice systems that induce negation-negation transformations, where paths are established by the history of success-failure outcomes in the socially control-dynamic zero-sum games between the duals in any duality and between the poles of any actual-potential polarity. The main premise of the monograph is that there exists a set of sufficient conditions in support of the necessary conditions for internal transformation of socio-natural varieties. The theory is useful in understanding developmental processes and multi-polar-power zero-sum games for global dominance. The necessary conditions constitute the natural necessity that constrains

cognitive freedom. The sufficient conditions constitute cognitive freedom that must overcome the necessity in socio-natural systems dynamics. Had this conceptual system been familiar to African leaders, the African transformation from colonialism to complete emancipation, rather than neocolonialism, would have been increasingly successful. This holds for those seeking triumph over injustices, oppression, imperialism and social change in all systems.

The SAGE Encyclopedia of African Cultural Heritage in North America - Mwalimu J. Shujaa 2015-07-13

The Encyclopedia of African Cultural Heritage in North America provides an accessible ready reference on the retention and continuity of African culture within the United States. Our conceptual framework holds, first, that culture is a form of self-knowledge and knowledge about self in the world as transmitted from one person to another. Second, that African people continuously create their own cultural history as they move through time and space. Third, that African descended people living outside of Africa are also contributors to and participate in the creation of African cultural history. Entries focus on illuminating Africanisms (cultural retentions traceable to an African origin) and cultural continuities (ongoing practices and processes through which African culture continues to be created and formed). Thus, the focus is more culturally specific and less concerned with the broader transatlantic demographic, political and geographic issues that are the focus of similar recent reference works. We also focus less on biographies of individuals and political and economic ties and more on processes and manifestations of African cultural heritage and continuity. FEATURES: A two-volume A-to-Z work, available in a choice of print or electronic formats 350 signed entries, each concluding with Cross-references and Further Readings 150 figures and photos Front matter consisting of an Introduction and a Reader's Guide organizing entries thematically to more easily guide users to related entries Signed articles concluding with cross-references

The Ancient Egyptian Buddha - Muata Ashby 2006-06-01

This book is a compilation of several sections of a larger work, a book

entitled "African Origins of Civilization, Religion, Yoga Mysticism and Ethics Philosophy." It demonstrates the correlation between Ancient Egyptian Religion and Buddhism. (Philosophy)

The African Origins of Civilization, Religion, Yoga Mystical Spirituality, Ethics Philosophy and a History of Egyptian Yoga - Muata Ashby 2002

Ashby has combined in one volume the most important evidence showing the correlations and common teachings between Kamitan (ancient Egyptian) culture and religion and that of India. He provides an expanded understanding of the underlying kinship of humanity.

Theos Bernard, the White Lama - Paul G. Hackett 2013-12-01

Theos Bernard, the White Lama recounts the real story behind the purported adventures of Theos Casimir Bernard (1908--1947), the self-proclaimed "White Lama" who in 1937 became the third American in history to reach Lhasa, the capital city of Tibet. Bernard met, associated, and corresponded with the major social, political, and cultural leaders of his day, from the Regent and high politicians of Tibet to saints, scholars, and diplomats of British India, and from Charles Lindbergh and Franklin Delano Roosevelt to Gandhi and Nehru. But he also had his flaws. He was an entrepreneur propelled by grandiose schemes, a handsome man who shamelessly used his looks to bounce from rich wife to rich wife to support his activities, and a master manipulator who concocted his own interpretations of Eastern wisdom to suit his own ends. Despite the bright future ahead of him, Bernard disappeared in India during the communal violence of the 1947 Partition, never to be seen again.

Through diaries, interviews, and previously unstudied documents, Paul G. Hackett shares Bernard's compelling life story, along with his efforts to awaken America's religious counterculture to the unfolding events in India, Tibet, and the Himalayas.

Meditation - Muata Ashby 1997-04

MEDITATION The Ancient Egyptian Path to Enlightenment Many people do not know about the rich history of meditation practice in Ancient Egypt. This volume outlines the theory of meditation and presents the Ancient Egyptian Hieroglyphic text which give instruction as to the

nature of the mind and its three modes of expression. It also presents the texts which give instruction on the practice of meditation for spiritual Enlightenment and unity with the Divine. This volume allows the reader to begin practicing meditation by explaining, in easy to understand terms, the simplest form of meditation and working up to the most advanced form which was practiced in ancient times and which is still practiced by yogis around the world in modern times.

The Masque of Africa - V. S. Naipaul 2010-10-19

Understanding Africa is critical for all concerned with the world today: in what promises to be his final great work of reportage, one of the keenest observers of the continent surveys the effects of belief and religion on the disparate peoples of Africa. The Masque of Africa is Nobel Prize-winning V. S. Naipaul's first major work of non-fiction to be published since his internationally bestselling Beyond Belief. Like all of Naipaul's great works of non-fiction, The Masque of Africa is superficially a book of travels — full of people, stories and landscapes he visits — but it also encompasses a larger narrative and purpose: to judge the effects of belief (whether in indigenous animisms, faiths imposed by other cultures, or even the cults of leaders and mythical history) upon the progress of civilization.

The African Origins of Hatha Yoga - Muata Ashby 2006-07-01

A follow-up to "African Origins of Civilization Religion, Yoga Mysticism and Ethics Philosophy," this volume also contains some additional information not contained in the previous work to discount the idea that yoga and, specifically, yoga postures were invented and developed only in India.

Polyrhythmicity - Kofi Kissi Dompere 2006-03-31

The modern works on African philosophy have not been integrated and fully connected to Africa's antiquity in order to provide a foundational unity for further intellectual refinement. The philosophical dimensions of humanism, Nkrumah's concept of categorial conversion, African concepts of duality, polarity, unity, continual creation and democratic ideals must be shown their African-centered origins. In considering African philosophy, there arise conceptual and logical gaps that require the

development of fundamental cognitive unity from the available data with judicious interpretation and restructuring in order to define the parameters of African philosophical unity that will allow these gaps to be closed for intellectual continuity. This monograph is devoted to the establishment of the foundations for the development of Africa's intellectual continuity and cognitive unity from antiquity to the present. Its main premise is that there is African philosophy with its own method of reasoning, analysis and synthesis. The monograph initiates self-contained philosophical foundations for African intellectual unity that is required to support African cultural unity, African personality, African essence and humanism needed for the creation of Greater Africa that is implied by African Union. These philosophical foundations, it is argued, formed the thinking system for Africa's social construct, law, economics, politics and governance of empires, kingdoms and social units that have come to pass. These philosophical foundations constitute the thinking system that must guide current and future Africa's socioeconomic dynamics. The monograph discusses also Africa's contributions to the global intellectual heritage by showing the relationships among foundations of African philosophical tradition and other philosophical systems that lead to *rediviva Africana*. It presents the principles of cognitive unity and continuity on the held position that without clearly developed Africa's philosophical foundations from its antiquity providing intellectual unity and cognitive continuity complete emancipation of Africa will be a mere mimicking of intellectual faults of other nations and philosophical systems. The research by African scholars and others on specific philosophical thoughts from different areas of Africa is useful materials that must be integrated into cognitive unity by accepting those that fit and rejecting those that do not fit by a defined logical process. Mindful of this, a case is thus made in this monograph for African cognitive unity and supporting reasoning methods. The system of ideas and perceptive interpretations of relevant data is, here, referred to as *Africentricity*, and its philosophical foundations that project thought as *polyrhythmicity* while the study of logic of reasoning about methodological and epistemic problems of *polyrhythmicity* and

Africentricity is referred to as *polyrhythmicity*. On practical level these philosophical foundations are shown to support the conceptual basis of *Nguzo Saba* (the Seven Principles of *Kwanzaa*). The monograph would be of interest to philosophers in general, professionals, researchers and students engaged in African philosophy, African studies, Black studies, socio-political philosophy and those interested in knowing the thinking system on the basis of which African essence arises and African social formations were constructed and governed from antiquity.

The Darkening Age - Catherine Nixey 2018-04-17

A New York Times Notable Book, winner of the Jerwood Award from the Royal Society of Literature, a New York Times Book Review Editors' Choice, and named a Book of the Year by the Telegraph, Spectator, Observer, and BBC History Magazine, this bold new history of the rise of Christianity shows how its radical followers helped to annihilate Greek and Roman civilizations. *The Darkening Age* is the largely unknown story of how a militant religion deliberately attacked and suppressed the teachings of the Classical world, ushering in centuries of unquestioning adherence to "one true faith." Despite the long-held notion that the early Christians were meek and mild, going to their martyrs' deaths singing hymns of love and praise, the truth, as Catherine Nixey reveals, is very different. Far from being meek and mild, they were violent, ruthless, and fundamentally intolerant. Unlike the polytheistic world, in which the addition of one new religion made no fundamental difference to the old ones, this new ideology stated not only that it was the way, the truth, and the light but that, by extension, every single other way was wrong and had to be destroyed. From the first century to the sixth, those who didn't fall into step with its beliefs were pursued in every possible way: social, legal, financial, and physical. Their altars were upturned and their temples demolished, their statues hacked to pieces, and their priests killed. It was an annihilation. Authoritative, vividly written, and utterly compelling, this is a remarkable debut from a brilliant young historian.

The Kemetic Tree of Life Ancient Egyptian Metaphysics and Cosmology for Higher Consciousness - Muata Ashby 2008-08-01

Ashby explains the Tree of Life metaphysical teachings, disciplines, and

techniques from the hieroglyphic texts.

Religion Explained - Pascal Boyer 2007-03-21

Many of our questions about religion, says renowned anthropologist Pascal Boyer, are no longer mysteries. We are beginning to know how to answer questions such as "Why do people have religion?" Using findings from anthropology, cognitive science, linguistics, and evolutionary biology, *Religion Explained* shows how this aspect of human consciousness is increasingly amenable to coherent, naturalistic explanation. This brilliant and controversial book gives readers the first scientific explanation for what religious feeling is really about, what it consists of, and where it comes from.

The Egyptian Book of the Dead - Muata Ashby 2006-01-01

Includes a new translation of the original texts which uncovers a mystical teaching underlying the sayings and rituals instituted by the Ancient Egyptian Sages and Saints.

Battling the Gods - Tim Whitmarsh 2015-11-10

How new is atheism? Although adherents and opponents alike today present it as an invention of the European Enlightenment, when the forces of science and secularism broadly challenged those of faith, disbelief in the gods, in fact, originated in a far more remote past. In *Battling the Gods*, Tim Whitmarsh journeys into the ancient Mediterranean, a world almost unimaginably different from our own, to recover the stories and voices of those who first refused the divinities. Homer's epic poems of human striving, journeying, and passion were ancient Greece's only "sacred texts," but no ancient Greek thought twice about questioning or mocking his stories of the gods. Priests were functionaries rather than sources of moral or cosmological wisdom. The absence of centralized religious authority made for an extraordinary variety of perspectives on sacred matters, from the devotional to the atheos, or "godless." Whitmarsh explores this kaleidoscopic range of ideas about the gods, focusing on the colorful individuals who challenged their existence. Among these were some of the greatest ancient poets and philosophers and writers, as well as the less well known: Diagoras of Melos, perhaps the first self-professed atheist; Democritus, the first

materialist; Socrates, executed for rejecting the gods of the Athenian state; Epicurus and his followers, who thought gods could not intervene in human affairs; the brilliantly mischievous satirist Lucian of Samosata. Before the revolutions of late antiquity, which saw the scriptural religions of Christianity and Islam enforced by imperial might, there were few constraints on belief. Everything changed, however, in the millennium between the appearance of the Homeric poems and Christianity's establishment as Rome's state religion in the fourth century AD. As successive Greco-Roman empires grew in size and complexity, and power was increasingly concentrated in central capitals, states sought to impose collective religious adherence, first to cults devoted to individual rulers, and ultimately to monotheism. In this new world, there was no room for outright disbelief: the label "atheist" was used now to demonize anyone who merely disagreed with the orthodoxy—and so it would remain for centuries. As the twenty-first century shapes up into a time of mass information, but also, paradoxically, of collective amnesia concerning the tangled histories of religions, Whitmarsh provides a bracing antidote to our assumptions about the roots of freethinking. By shining a light on atheism's first thousand years, *Battling the Gods* offers a timely reminder that nonbelief has a wealth of tradition of its own, and, indeed, its own heroes.

Egyptian Yoga - Muata Ashby 1997-09-01

1. EGYPTIAN YOGA: THE PHILOSOPHY OF ENLIGHTENMENT An original, fully illustrated work, including hieroglyphs, detailing the meaning of the Egyptian mysteries, tantric yoga, psycho-spiritual and physical exercises. *Egyptian Yoga* is a guide to the practice of the highest spiritual philosophy which leads to absolute freedom from human misery and to immortality. It is well known by scholars that Egyptian philosophy is the basis of Western and Middle Eastern religious philosophies such as Christianity, Islam, Judaism, the Kabala, and Greek philosophy, but what about Indian philosophy, Yoga and Taoism? What were the original teachings? How can they be practiced today? What is the source of pain and suffering in the world and what is the solution? Discover the deepest mysteries of the mind and universe within and outside of your self. ISBN:

1-884564-01-1

Race, Nation, and Religion in the Americas - Henry Goldschmidt

2004-09-02

Publisher Description

Encyclopedia of Global Religion - Mark Juergensmeyer 2012

Presents entries A to L of a two-volume encyclopedia discussing religion around the globe, including biographies, concepts and theories, places, social issues, movements, texts, and traditions.

Black Man of the Nile and His Family - Yosef Ben-Jochannan 1989

Black Man of the Nile and His Family, first published in 1972, is Dr. Ben's best known work. It captures much of the substance of his early research on ancient Africa. In a masterful and unique manner, Dr. Ben uses *Black Man of the Nile* to challenge and expose "Europeanized" African History. He points up the distortion after distortion made in the long record of African contributions to world civilization. Once exposed he attacks these distortions with a vengeance, providing a spellbinding corrective lesson in our story.

Egypt and India - Muata Ashby 2002-06

EGYPT AND INDIA (AFRICAN ORIGINS BOOK 3 PART 3) African Origins of Eastern Civilization, Religion, Yoga Mysticism and Philosophy- This volume details the connection between Ancient Egypt and India and the development of Indian religion and shows documented evidences of the existence of the teachings that became known as Yoga, Hinduism and Buddhism existed previously in Ancient Africa. The questions of the history of Ancient Egypt, and the latest archeological evidences showing civilization and culture in Ancient Egypt and its spread to other countries, has intrigued many scholars as well as mystics over the years. Also, the possibility that Ancient Egyptian Priests and Priestesses migrated to Greece, India and other countries to carry on the traditions of the Ancient Egyptian Mysteries, has been speculated over the years as well. In chapter 1 of the book *Egyptian Yoga The Philosophy of Enlightenment*, 1995, I first introduced the deepest comparison between Ancient Egypt and India that had been brought forth up to that time. Now, in the year 2001 this new book, *THE AFRICAN ORIGINS OF*

CIVILIZATION, MYSTICAL RELIGION AND YOGA PHILOSOPHY, more fully explores the motifs, symbols and philosophical correlations between Ancient Egyptian and Indian mysticism and clearly shows not only that Ancient Egypt and India were connected culturally but also spiritually. How does this knowledge help the spiritual aspirant? This discovery has great importance for the Yogis and mystics who follow the philosophy of Ancient Egypt and the mysticism of India. It means that India has a longer history and heritage than was previously understood. It shows that the mysteries of Ancient Egypt were essentially a yoga tradition which did not die but rather developed into the modern day systems of Yoga technology of India. It further shows that African culture developed Yoga Mysticism earlier than any other civilization in history. All of this expands our understanding of the unity of culture and the deep legacy of Yoga, which stretches into the distant past, beyond the Indus Valley civilization, the earliest known high culture in India as well as the Vedic tradition of Aryan culture. Therefore, Yoga culture and mysticism is the oldest known tradition of spiritual development and Indian mysticism is an extension of the Ancient Egyptian mysticism. By understanding the legacy which Ancient Egypt gave to India the mysticism of India is better understood and by comprehending the heritage of Indian Yoga, which is rooted in Ancient Egypt the Mysticism of Ancient Egypt is also better understood. This expanded understanding allows us to prove the underlying kinship of humanity, through the common symbols, motifs and philosophies which are not disparate and confusing teachings but in reality expressions of the same study of truth through metaphysics and mystical realization of Self.

African Philosophy - Théophile Obenga 2004

Egyptian Tantra Yoga - Muata Abhaya Ashby 1997-01

SACRED SEXUALITY: EGYPTIAN TANTRA YOGA: The Art of Sex Sublimation and Universal Consciousness This Volume will expand on the male and female principles within the human body and in the universe and further detail the sublimation of sexual energy into spiritual energy. The student will study the deities Min and Hathor, Asar and Aset, Geb

and Nut and discover the mystical implications for a practical spiritual discipline. This Volume will also focus on the Tantric aspects of Ancient Egyptian and Indian mysticism, the purpose of sex and the mystical teachings of sexual sublimation which lead to self-knowledge and Enlightenment.

The Origins of Yoga and Tantra - Geoffrey Samuel 2008-03-27

Yoga, tantra and other forms of Asian meditation are practised in modernized forms throughout the world today, but most introductions to Hinduism or Buddhism tell only part of the story of how they developed. This book is an interpretation of the history of Indic religions up to around 1200 CE, with particular focus on the development of yogic and tantric traditions. It assesses how much we really know about this period, and asks what sense we can make of the evolution of yogic and tantric practices, which were to become such central and important features of the Indic religious scene. Its originality lies in seeking to understand these traditions in terms of the total social and religious context of South Asian society during this period, including the religious practices of the general population with their close engagement with family, gender, economic life and other pragmatic concerns.

Mirror, Mirror - Mark Pendergrast 2009-04-28

Of all human inventions, the mirror is perhaps the one most closely connected to our own consciousness. As our first technology for contemplation of the self, the mirror is arguably as important an invention as the wheel. Mirror Mirror is the fascinating story of the mirror's invention, refinement, and use in an astonishing range of human activities -- from the fantastic mirrored rooms that wealthy Romans created for their orgies to the mirror's key role in the use and understanding of light. Pendergrast spins tales of the 2,500-year mystery of whether Archimedes and his "burning mirror" really set faraway Roman ships on fire; the medieval Venetian glassmakers, who perfected the technique of making large, flat mirrors from clear glass and for whom any attempt to leave their cloistered island was punishable by death; Isaac Newton, whose experiments with sunlight on mirrors once left him blinded for three days; the artist David Hockney, who holds

controversial ideas about Renaissance artists and their use of optical devices; and George Ellery Hale, the manic-depressive astronomer and telescope enthusiast who inspired (and gave his name to) the twentieth century's largest ground-based telescope. Like mirrors themselves, Mirror Mirror is a book of endless wonder and fascination.

African Dionysus - Muata Ashby 2006-01-30

33. AFRICAN DIONYSUS: FROM EGYPT TO GREECE: The Kamitan Origins of Greek Culture and Religion ISBN: 1-884564-47-X FROM EGYPT TO GREECE This insightful manual is a reference to Ancient Egyptian mythology and philosophy and its correlation to what later became known as Greek and Rome mythology and philosophy. It outlines the basic tenets of the mythologies and shows the ancient origins of Greek culture in Ancient Egypt. This volume also documents the origins of the Greek alphabet in Egypt as well as Greek religion, myth and philosophy of the gods and goddesses from Egypt from the myth of Atlantis and archaic period with the Minoans to the Classical period. This volume also acts as a resource for Colleges students who would like to set up fraternities and sororities based on the original Ancient Egyptian principles of Sheti and Maat philosophy.

AFRICAN RELIGION VOLUME 1 - Muata Ashby 2006-01-01

African Religion VOL. 1- ANUNIAN THEOLOGY THE MYSTERIES OF RA The Philosophy of Anu and The Mystical Teachings of The Ancient Egyptian Creation Myth Discover the mystical teachings contained in the Creation Myth and the gods and goddesses who brought creation and human beings into existence. The Creation Myth holds the key to understanding the universe and for attaining spiritual Enlightenment.

These Truths: A History of the United States - Jill Lepore 2018-09-18

New York Times Bestseller In the most ambitious one-volume American history in decades, award-winning historian and New Yorker writer Jill Lepore offers a magisterial account of the origins and rise of a divided nation, an urgently needed reckoning with the beauty and tragedy of American history. Written in elegiac prose, Lepore's groundbreaking investigation places truth itself—a devotion to facts, proof, and evidence—at the center of the nation's history. The American experiment

rests on three ideas—"these truths," Jefferson called them—political equality, natural rights, and the sovereignty of the people. And it rests, too, on a fearless dedication to inquiry, Lepore argues, because self-government depends on it. But has the nation, and democracy itself, delivered on that promise? These Truths tells this uniquely American story, beginning in 1492, asking whether the course of events over more than five centuries has proven the nation's truths, or belied them. To answer that question, Lepore traces the intertwined histories of American politics, law, journalism, and technology, from the colonial town meeting to the nineteenth-century party machine, from talk radio to twenty-first-century Internet polls, from Magna Carta to the Patriot Act, from the printing press to Facebook News. Along the way, Lepore's sovereign chronicle is filled with arresting sketches of both well-known and lesser-known Americans, from a parade of presidents and a rogues' gallery of political mischief makers to the intrepid leaders of protest movements, including Frederick Douglass, the famed abolitionist orator; William Jennings Bryan, the three-time presidential candidate and ultimately tragic populist; Pauli Murray, the visionary civil rights strategist; and Phyllis Schlafly, the uncredited architect of modern conservatism. Americans are descended from slaves and slave owners, from conquerors and the conquered, from immigrants and from people who have fought to end immigration. "A nation born in contradiction will fight forever over the meaning of its history," Lepore writes, but engaging in that struggle by studying the past is part of the work of citizenship. "The past is an inheritance, a gift and a burden," These Truths observes. "It can't be shirked. There's nothing for it but to get to know it."

Our African Unconscious - Edward Bruce Bynum 2021-09-07

- Examines the Oldawan, the Ancient Soul of Africa, and its correlation with what modern psychologists have defined as the collective unconscious
- Draws on archaeology, DNA research, history, and depth psychology to reveal how the biological and spiritual roots of religion and science came out of Africa
- Explores the reflections of our African unconscious in the present confrontation in the Americas, in the work of

the Founding Fathers, and in modern psychospirituality The fossil record confirms that humanity originated in Africa. Yet somehow we have overlooked that Africa is also at the root of all that makes us human--our spirituality, civilization, arts, sciences, philosophy, and our conscious and unconscious minds. In this extensive look at the unfolding of human history and culture, Edward Bruce Bynum reveals how our collective unconscious is African. Drawing on archaeology, DNA research, depth psychology, and the biological and spiritual roots of religion and science, he demonstrates how all modern human beings, regardless of ethnic or racial categorizations, share a common deeper identity, both psychically and genetically--a primordial African unconscious. Exploring the beginning of early religions and mysticism in Africa, the author looks at the Egyptian Nubian role in the rise of civilization, the emergence of Kemetic Egypt, and the Oldawan, the Ancient Soul, and its correlation with what modern psychologists have defined as the collective unconscious. Revealing the spiritual and psychological ramifications of our shared African ancestry, the author examines its reflections in the present confrontation in the Americas, in the work of the Founding Fathers, and in modern Black spirituality, which arose from African diaspora religion and philosophy. By recognizing our shared African unconscious--the matrix that forms the deepest luminous core of human identity--we learn that the differences between one person and another are merely superficial and ultimately there is no real separation between the material and the spiritual.

[The African Unconscious](#) - Edward Bruce Bynum 2012

"The African Unconsciousness, originally published in 1999, is a bold new paradigmatic look at human history based on archaeology, genetics, and the biospiritual roots of religion and science. Author Edward Bruce Bynum offers a captivating and controversial viewpoint on the roots of our human existence, positing that all humans at their deepest core are variations on the African template, creating a shared identity and collective unconscious in all. He looks at both phenotypical types and psychic structures that form and identify us as human beings. Ideal for humanistic and transpersonal psychologists and those interested in

African American art and culture, The African Unconsciousness is a blend of modern and ancient psychology that provides a relevant backdrop to humanity and our daily life"--Cover.

Forbidden Science - J. Douglas Kenyon 2008-02-11

Reveals the cutting edge of New Science and shows how established science disallows inquiry that challenges the status quo--even when it produces verifiable results • Contains 43 essays by 19 researchers denoting cutting-edge, heretical, or suppressed scientific research, including Immanuel Velikovsky, Nikola Tesla, Rupert Sheldrake, and Masaru Emoto • Edited by Atlantis Rising publisher, J. Douglas Kenyon Following the model of his bestselling *Forbidden History* and *Forbidden Religion*, J. Douglas Kenyon has assembled from his bimonthly journal, *Atlantis Rising*, material that explores science and technology that has been suppressed by the orthodox scientific community--from the true function of the Great Pyramid and the megaliths at Nabta Playa to Immanuel Velikovsky's astronomical insights, free energy from space, cold fusion, and Rupert Sheldrake's research into telepathy and ESP. There is an organized war going on in science between materialistic theory and anything that could be termed spiritual or metaphysical. For example, Masaru Emoto's research into the energetics of water, although supported by photographic evidence, has been scoffed at by mainstream science because he has asserted that humans affect their surroundings with their thoughts. The materialism or absolute skepticism of the scientific establishment is detrimental to any scientific inquiry that thinks outside the box. This mentality is interested in preserving funding for its own projects, those that will not rock the establishment. From Tesla's discovery of alternating current to Robert Schoch's re-dating of the Sphinx, this book serves as a compelling introduction to the true history of alternative and New Science research.

Theory of Philosophical Consciencism - Dompere, Kofi Kissi 2017-09-24

In the *Theory of Philosophical Consciencism*, Professor Dompere establishes how Nkrumah used the theory of categorical conversion housing the necessary conditions of transformation to design strategies for creating the sufficient conditions for socio-political transformations.

The theory of Philosophical Consciencism is about the institutionally destruction-creation process for socio-political transformation. The theory shows the scientific contributions of Nkrumah's thinking to the solution of the transformation problem in science and its application to social systemicity, where Nkrumah's analytical weapons were drawn from African conceptual system. The theory is developed as logico-mathematical foundations that guide the internal management of the command-control decision-choice systems for creative destruction of socio-political varieties in transformations through the development of qualitative mathematics making possible the construct of qualitative equations of motion for connecting varieties in qualitative transfers. The qualitative equations of motion through the Philosophical Consciencism constitute the sufficient conditions for transformations. The theory links rationality, intentionality, experiential information structure, defective-deceptive information structures in the control-dynamic games of power and dominance by the duals and poles under the principle of opposites with relational continua and unity relative to decision-choice systems that induce negation-negation transformations, where paths are established by the history of success-failure outcomes in the socially control-dynamic zero-sum games between the duals in any duality and between the poles of any actual-potential polarity. The main premise of the monograph is that there exists a set of sufficient conditions in support of the necessary conditions for internal transformation of socio-natural varieties. The theory is useful in understanding developmental processes and multi-polar-power zero-sum games for global dominance. The necessary conditions constitute the natural necessity that constrains cognitive freedom. The sufficient conditions constitute cognitive freedom that must overcome the necessity in socio-natural systems dynamics. Had this conceptual system been familiar to African leaders, the African transformation from colonialism to complete emancipation, rather than neocolonialism, would have been increasingly successful. This holds for those seeking triumph over injustices, oppression, imperialism and social change in all systems.

African Origins Vol 2 - Muata Ashby 2006-01-01

THE AFRICAN ORIGINS OF CIVILIZATION, RELIGION AND YOGA SPIRITUALITY AND ETHICS PHILOSOPHY VOLUME 2, African Origins of Greek Religion, Judaism, Christianity and Islam---The questions of the history of Ancient Egypt, and the latest archeological evidences showing civilization and culture in Ancient Egypt and its spread to other countries, has intrigued many scholars as well as mystics over the years. Also, the possibility that Ancient Egyptian Priests and Priestesses migrated to Greece, India and other countries to carry on the traditions of the Ancient Egyptian Mysteries, has been speculated over the years as well. In chapter 1 of the book Egyptian Yoga The Philosophy of Enlightenment, 1995, I first introduced the deepest comparison between Ancient Egypt and India that had been brought forth up to that time. Now, in the year 2001 this new book, THE AFRICAN ORIGINS OF CIVILIZATION, MYSTICAL RELIGION AND YOGA PHILOSOPHY, more fully explores the motifs, symbols and philosophical correlations between Ancient Egyptian and Indian mysticism and clearly shows not only that Ancient Egypt and India were connected culturally but also spiritually. How does this knowledge help the spiritual aspirant? This discovery has great importance for the Yogis and mystics who follow the philosophy of Ancient Egypt and the mysticism of India. It means that India has a longer history and heritage than was previously understood. It shows that the mysteries of Ancient Egypt were essentially a yoga tradition which did not die but rather developed into the modern day systems of Yoga technology of India. It further shows that African culture developed Yoga Mysticism earlier than any other civilization in history. All of this expands our understanding of the unity of culture and the deep legacy of Yoga, which stretches into the distant past, beyond the Indus Valley

civilization, the earliest known high culture in India as well as the Vedic tradition of Aryan culture. Therefore, Yoga culture and mysticism is the oldest known tradition of spiritual development and Indian mysticism is an extension of the Ancient Egyptian mysticism. By understanding the legacy which Ancient Egypt gave to India the mysticism of India is better understood and by comprehending the heritage of Indian Yoga, which is rooted in Ancient Egypt the Mysticism of Ancient Egypt is also better understood. This expanded understanding allows us to prove the underlying kinship of humanity, through the common symbols, motifs and philosophies which are not disparate and confusing teachings but in reality expressions of the same study of truth through metaphysics and mystical realization of Self.

Peace on Earth - Thomas Matyók 2013-12-16

Peace on Earth: The Role of Religion in Peace and Conflict Studies provides a critical analysis of faith and religious institutions in peacebuilding practice and pedagogy. The work captures the synergistic relationships among faith traditions and how multiple approaches to conflict transformation and peacebuilding result in a creative process that has the potential to achieve a more detailed view of peace on earth, containing breadth as well as depth. Library and bookstore shelves are filled with critiques of the negative impacts of religion in conflict scenarios. Peace on Earth: The Role of Religion in Peace and Conflict Studies offers an alternate view that suggests religious organizations play a more complex role in conflict than a simply negative one. Faith-based organizations, and their workers, are often found on the frontlines of conflict throughout the world, conducting conflict management and resolution activities as well as advancing peacebuilding initiatives.